

# Lunch Menu

## WEEK TWO – AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



STAR DISH

MEAT FREE

GRAB & GO

PIT 'N' TASTY

WRAP OR SUB

SIDES

TODAY'S DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese &amp; Tomato Mac 'n' Cheese (V)</p>	<p>Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce &amp; Salsa</p>	<p>Roast Chicken, Crispy Roasties &amp; Gravy</p>	<p>Thai Yellow Chicken &amp; Vegetable Curry Mixed Rice</p> <p>Thai Yellow Chicken &amp; Vegetable Curry Mixed Rice (H)</p>	<p>Sustainably Sourced Battered Fish &amp; Chips</p> <p>Pork Sausage</p> <p>Jacket Potato with a choice of fillings</p>
<p>Buffalo Burrito (Ve)</p>	<p>Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce &amp; Salsa (V)</p>	<p>Roasted Cauliflower Cheese Tart, Crispy Roasties &amp; Gravy</p>	<p>Thai Yellow Vegetable Curry Mixed Rice (Ve)</p>	<p>Cheese &amp; Tomato Pizza &amp; Wedges/Chips (V)</p>
<p>Margareta Pizza</p>	<p>Fish Finger Bap &amp; Mayo or Ketchup</p>	<p>Margareta Pizza</p>	<p>Margareta Pizza</p>	<p>Chips</p>
<p>Tomato &amp; Basil Pasta OR Chicken Noodles Curry</p>	<p>Tomato &amp; Basil Pasta OR Chicken Noodles Sweet Chilli</p>	<p>Tomato &amp; Basil Pasta OR Chicken Noodles BBQ</p>	<p>Tomato &amp; Basil Pasta OR Chicken Noodles Sweet Chilli</p>	<p>Tomato &amp; Basil Pasta</p>
<p>Love Joes Chicken Wrap. Assorted Flavours</p>	<p>Love Joes Chicken Wrap. Assorted Flavours</p>	<p>Love Joes Chicken Wrap. Assorted Flavours</p>	<p>Love Joes Chicken Wrap. Assorted Flavours</p>	<p>Tomato &amp; Basil Pasta</p>
<p>Baked Beans</p> <p>Garlic Bread Green Beans Garden Salad</p>	<p>Baked Beans</p> <p>Fajita Roasted Sweetcorn &amp; Peppers</p> <p>Garden Salad</p>	<p>Baked Beans</p> <p>Seasonal Mixed Vegetables</p> <p>Garden Salad</p>	<p>Baked Beans</p> <p>Asian Slaw, Garlic Green Beans</p> <p>Garden Salad</p>	<p>Baked Beans</p> <p>Peas</p> <p>Garden Salad</p>
<p>Jam Doughnut</p>	<p>Chocolate cake</p>	<p>Jelly Or Grapes</p>	<p>Cornflake Cake</p>	<p>Cookie</p>

Slow-Release Energy Foods
 Brain Boost
 Contains Calcium
 Ca
 Contains Iron
 Fe
 Contains Protein
 Vegetarian