

WEEK ONE – SPRING SUMMER

(Ve) Vegan option

(V) Vegetarian Option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Mexican Vegetable Quesadilla with Warm Nachos (V) 	Chilli Con Carne with Yucatean Rice 	Roast Gammon with Gravy & Roasties	Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice 	Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips
MEAT FREE	Aubergine Shawarma Flatbread (Ve) 	Chilli Sin Carne with Yucatean Rice (Ve) 	Roast Quorn with Gravy & Roasties	Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (Ve) 	Cheese & Tomato Pizza & Chips
GRAB & GO	Vegan Sausage Roll (Ve)	Cheesy Meatball Arrabiata, Grilled Italian Bread	Pepperoni or Cheese & Tomato Pizza Baguette	Buffalo Hot Dog	Pepperoni Pizza & Chips
	Broccoli, Baked Beans, Mixed Salad, Rice	Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad	Country Mixed Vegetables, Baked Beans, Mixed Salad	Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans, Mixed Salad
HOT PUDS	Chocolate Rock Cake	Jam Bun	Iced Ginger Cake	Giant Chocolate Cookie	Lemon Curd Bun

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

