

WEEK TWO – SPRING SUMMER

(Ve) Vegan option

(V) Vegetarian Option

STAR DISH

MEAT FREE

GRAB & GO

HOT PUDS

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato 'Pizza' Macaroni Cheese (V)	Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa 	Moroccan Chicken Tagine with Fluffy Couscous 	Korean Sweet & Sour Chicken with Steamed Rice 	Sustainably Sourced Battered Fish & Chips or Oven Baked Chicken Nuggets & Chips
MEAT FREE	Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (Ve) 	Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V) 	Moroccan Chickpea & Lemon Tagine with Fluffy Couscous (Ve) 	Korean Sweet & Sour Vegetables with Steamed Rice (Ve) 	Cheese & Tomato Pizza & Chips (V)
GRAB & GO	Dirty Quorn & Cheesy Bean Burger (V) 	Fish Finger Bap with Mayo or Ketchup	BBQ Chicken Snack Wrap	Veggie Breakfast Frittata (V)	Pepperoni Pizza & Chips
	Baked Beans, Garden Salad, Garlic Bread, Green Beans	Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw	Baked Beans, Broccoli, Garden Salad	Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans, Mixed Salad
HOT PUDS	Lemon & Blueberry Slice	Rock Cake	Iced Vanilla Sponge with Sprinkles	Cornflake Cake	Giant Chocolate Cookie

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

