











WEEK THREE – SPRING SUMMER

(Ve) Vegan option

(V) Vegetarian Option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Spanish Omelette served with Catalan Sauce & Garlic Bread (V)	Chicken & Vegetable Enchilada with Warm Nachos  	Penne Pasta Beef Bolognese Bake  	Japanese Chicken & Edamame Curry with Steamed Mixed Rice  	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons & Chips
MEAT FREE	Veggie Bolognese Pasta Bake (V)  	Mexican Vegetable Tostada (Ve)  	Mediterranean Vegetable Lasagne (V) 	Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Mixed Rice (Ve)  	Cheese & Tomato Pizza & Chips (V)
GRAB & GO	Vegetable Cheeseburger (V)	Pepperoni or Cheese & Tomato Pizza Baguette	Halal Chicken Sausage Roll	BBQ Veggie Melt	Pepperoni Pizza & Chips
	Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread	Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges	Baked Beans, Coleslaw, Garlic Bread, Garden Salad	Baked Beans, Sauté Garlic Green Beans, Asian Slaw	Peas, Baked Beans, Mixed Salad
HOT PUDDS	Flapjack	Krispy Bite	Homemade Lemon Drizzle Cake	Iced Orange & Ginger Traybake	Giant Vanilla Cookie

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

