

# Safeguarding Contact Details

## Worried about a child?

Should you have concerns about a child during the period of time whilst our school is temporarily closed, here are some helpful websites and contact numbers to help you.

### Salford Safeguarding

<https://www.salford.gov.uk/worriedaboutachild>

### CAMHS

[www.camhs-resources.co.uk/](http://www.camhs-resources.co.uk/)

Website for young people, carers and professionals bringing together lots of helpful resources from across the internet that are available to help support mental health and well-being.

### Greater Manchester Health and Social Care Partnership

<https://hub.gmhsc.org.uk/mental-health/covid-19-mental-health-and-wellbeing-resources/>

Website including advice, information and resources to support and manage wellbeing in this current situation

### Salford City Council

If you need to self-isolate for any length of time, do you have anyone that can help you with day to day tasks? This can be a member of your family, a neighbour or a friend.

Or do you need help with: Food shopping, getting essential medication, getting fuel (if you are on a pre-paid meter for gas or electric), looking after pets

Or are you a carer that needs help or advice?

If you answer yes to any of the above and you would like to speak to someone, call our Spirit of Salford Helpline on 0800 952 1000, Monday to Friday 8:30am to 6pm

Covid-19 Information for Parents from SCC: <https://www.salford.gov.uk/cvinfoforparents>

Managing children's worries and anxieties information from SCC:

<https://www.salford.gov.uk/media/395232/emotional-wellbeing-and-behaviour-parent-version.pdf>

### Child Line

<https://www.childline.org.uk/get-support/contacting-childline/>

Children can call: 0800 1111

### NSPCC

Help for adults concerned about a child

<https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/report/>

or call: 0808 800 5000

Kooth - Free, safe and anonymous online support for young people

<https://www.kooth.com/>

Papyrus - Prevent of young suicide

<https://papyrus-uk.org/>

Samaritans - Help for young people

<https://www.samaritans.org/how-we-can-help/schools/young-people/>

Young Minds

<https://youngminds.org.uk/>

The Hideout - Children living with domestic abuse

<http://thehideout.org.uk/children/home/>

National Domestic Violence Hotline

<https://www.thehotline.org/>

CEOP - Parent carers activities for home

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

Police - In danger but can't speak to the Police Emergency service 999

[https://policeconduct.gov.uk/sites/default/files/Documents/research-learning/Silent\\_solution\\_poster.pdf](https://policeconduct.gov.uk/sites/default/files/Documents/research-learning/Silent_solution_poster.pdf)

NSPCC - Dedicated helplines for victims of abuse including FGM, Gangs, sexual abuse, radicalization

<https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/dedicated-helplines/>

Child Bereavement UK

<https://www.childbereavementuk.org/young-people>

Hope Again - Cruse Bereavement

<https://www.hopeagain.org.uk/>

ThinkNinja App - ThinkNinja is a free app specifically designed to educate 10-18 year olds about mental health, emotional wellbeing.

<https://www.healios.org.uk/services/thinkninja1>

CWMT Wellbeing Challenge 2020 - A free interactive challenge for parents to complete with their children based around the 'Five Ways to Mental Wellbeing'.

<https://www.cwmt.org.uk/wellbeing-challenge>

## Safeguarding Support

In the unlikely event of you having a problem whilst at home there will be school staff available to contact via telephone during normal school hours (8am-3pm)

In the event of an emergency only, please phone:

Miss Withers : 07889 646834

Mr Duke : 07872 417176