



Co-op Academy
Swinton

PSHE Policy

Version | March 2020

Basic Information:

This policy covers our school's approach to Personal, Social & Health Education (PSHE). The subject will be taught as part of the planned PSHE curriculum programme in one hour a week lesson taught in tutor groups by form tutors. This policy has been produced by Miss Jackson through consultation with Pupil Progress Coordinators. Further discussions with students and governors are needed before September 2020 to ensure we are in line with the new government framework. The policy will be available to parents and carers online.

A separate policy for Relationship and Sex Education will be made available by September 2020 following consultation with parents.

Co-op Academy Swinton aims and objectives of PSHE:

Our school's overarching aims and objectives for our students are to develop their personal, social and health education. To them as individuals, each valued in his or her own right and promoting for each student a positive self-image. PSHE should support students to acquire the skills and knowledge that will assist them to make informed choices.

The Lifelong Learning for all Key Stages are the same. We want our students to know how to stay safe, how to be co-operative, be happy and healthy and build resilience.

Rationale:

PSHE is an important aspect of school life and is essential in the development of young people's lives. PSHE education helps students to develop the knowledge, skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and in adulthood.

By teaching students to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged students. The skills and attributes developed through PSHE education support student academic attainment and attendance, particularly among students eligible for free school meals, as well as improve employability and boost social mobility.

The PSHE programme has been developed to address the needs, concerns and anxieties that face young people in their daily lives. It looks to provide a clear understanding for students within a positive and caring environment. It is positive in promoting responsibility for students' own behaviour and the consequences of their actions.

Co-op Academy Swinton will ensure the best interests of students and young people will be maintained during PSHE lessons and will encourage students and young people to talk to their parents and carers about any issues they discuss.

The key themes that will be covered during PSHE:

- Health and Wellbeing
- Relationships
- Living in the Wider World

While promoting the aims and objectives above, we will ensure that students are offered a balanced programme. Students will have the opportunity to develop their understanding of the following topics through a range of activities.

Teaching Method:

The school seeks to provide a safe, secure learning environment for PSHE that enables students and young people to gain accurate knowledge, develop their own values and attitudes, and develop skills to grow into happy confident successful adults. The school seeks to ensure members of staff are good role models for positive healthy relationships.

Students will need to feel secure and valued. In order to support this, group agreements are negotiated and established during the initial lesson with Form ~Tutors. The teaching style will support the needs of the students taking into consideration school, home life and friends. This will allow the teacher to provide understanding and support for its students. Due to the sensitive nature of the issues discussed, students will be given an opportunity to leave the room if they need to.

Teaching will take into account the ability, age, readiness, and cultural backgrounds of our young people and those with English as a second language to ensure that all can fully access the PSHE programme.

The school will support members of staff delivering PSHE, understand the nature of some topics may be challenging for some teachers to deliver.

Support and Safeguarding:

The school recognises the importance for students, young people, families and the workforce having access to confidential services, including health services to support their physical and emotional needs. The following issues may occur as part of PSHE lessons and staff must follow the school's safeguarding policy if any disclosures are made. If staff have any reason to believe a student is at risk, they are required to report this to the Safeguarding Officer.

Students should be made aware that some information cannot be kept confidential and if disclosures are made then the school safeguarding procedure must be followed including putting in a note of concern and following up by referring to the Safeguarding Officer/PPC/ SENCO/ Headteacher. At the same time, students will be offered sensitive and appropriate support.

How will we support students withdrawn from PSHE lessons?

Students can only be removed from PSHE lessons which cover Sex Education if a parent requests that their son or daughter are to be removed from these lessons. The school will provide support by ensuring they have an alternative appropriate activity to complete in Nurture during the lessons. If a child is withdrawn from lessons the school would be unable to prevent the student from asking their peers what they had learnt in the lesson. In the final term of Year 10 students may choose to overrule their parents and attend Sex Education lessons. In cases like this, the school will endeavour to give the student a full education, revisiting Sex Education topics missed in earlier years.

Monitoring and Evaluation?

The evaluation and monitoring of PSHE takes place continually through learning walks during PSHE, PPC book checks and student voice questionnaires. Students' learning will be assessed during the PSHE lessons using a variety of techniques including: baseline tasks in lessons, student questionnaires and an end of unit self assessment. In addition to this students are asked a range of questions about the usefulness of PSHE and given the opportunity to evaluate the benefits of each of the topics within the programme.